

2 February 2025

in the care of the Missionaries of God's Love

St Benedict's

Parish and Mission Centre, Narrabundah

The Presentation of the Lord



<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.belmontabbey.org.uk%2Fmessage-of-abbot-paul-monday-4th-september-2023&psig=AOvVaw0vUdeXnwcLVUCCrP1hoW9&ust=1737077023775000&source=images&cd=vfe&opi=89978449&ved=0CBQOjRqFwoTCjA0qmK-YoDFQAAAAAdAAAAABAN>

Coming up:

Adoration Returns
3 February

Coffee at Gryphon's
6 February

Metanoia Lenten Group
6 March



cg.org.au/narrabundah

Weekend Rosters



THIS WEEKEND (1 - 2 Feb)

NEXT WEEKEND (8 - 9 Feb)

| | Sat 6pm | Sun 9am | Sun 6pm | Sat 6pm | Sun 9am | Sun 6pm |
|-------------------------------------|---|-------------------------|--------------|---|-------------------------|-------------|
| Welcomers | Carmel & Peter | Robert Henry | Volunteer | Louise | Alma | Volunteer |
| Readers | Robert Booth, Moira | Maria Mendoza, Santhosh | MGL Brothers | Helen, BA | Julie Douglas, McKinley | MGL Sisters |
| Readings | 1st: Mal 3:1-4 2nd: Heb 2:14-18 | | | 1st: Isa 6:1-8 2nd: 1 Cor 15:1-11 | | |
| Offertory | Volunteers | Ruzario family | Volunteer | Volunteer | Young family | Volunteer |
| Eucharistic Minister | Nhung | Julie Douglas | Volunteer | Sue | Josephus | Volunteer |
| Musicians | | | Ariana | | | |
| Flowers & Altar Cleaning | Anne Sutherland & Ann Hill | | | Louise, Claudine | | |
| Church Cleaning | John Murray | | | Jeanie | | |
| Visitations | Mt View - Julie Douglas | | | Mt View/Jindalee - MGL Brothers | | |

Follow us on social media:



St. Benedict's Church and Mission Centre, Canberra



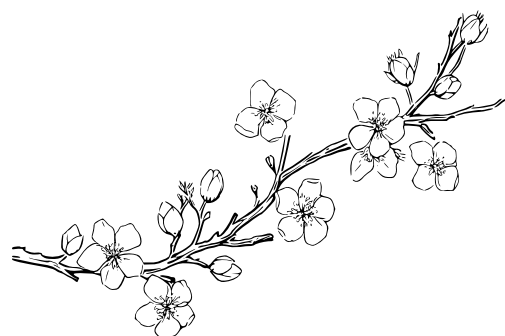
stbenedicts.canberra



St. Benedict's Mission Centre



New website coming soon....



St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Events and Announcements

3
FEB

Parish Adoration

Adoration of the Blessed Sacrament will recommence on February 3rd.

4
FEB

Men's Sharing Group

Begins again this Tuesday night, 7.30pm in the Parish Centre. The Men's Sharing Group meets every second Tuesday. For more information contact: John Murray 0480257761

6
FEB

Coffee at Gryphon's

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the first Thursday of each month, starting February 6th, for morning tea and a chat.

9
FEB

Parish Morning Tea

Our parish morning teas, which take place after the 9am Sunday Mass will resume next Sunday.

6
MAR

METANOIA Lenten Program 2025

This Lent, embark on a journey of metanoia—a transformative change of heart inspired by the Gospels. In order to assist us on our Lenten journey and to provide an opportunity for fellowship. The parish is hosting a Visio Divina Lenten Group. We will be using the Wollongong Archdiocese program.

Starting Thursday 6 March for 6 weeks

Arrive 6:45 for a 7pm start, finishing about 8:30pm

At St Benedict's Parish Centre, Cost \$10 to cover the book.

If there is enough interest a daytime group will also be available.

Register or for more info contact Mattia Wellspring, mattiawell@hotmail.com or 0434558734

1
MAY

ALPHA Course

St Benedict's is conducting an Alpha course next year in May. Alpha is a 12 week course that gives people an opportunity to explore faith in a non-threatening environment; ask questions and experience hospitality and welcome.

To register or to find out more, contact: Asterie tasterie@gmail.com.

St Benedict's Community Social Night Postponed

Please note the Parish Social Night which was scheduled for the 15th February has unfortunately been postponed.

Notices Outside the Parish

UPCOMING MARRIAGE PREPARATION COURSES

for engaged couples:

FOCCUS - Tues 11th February 5-9 pm plus a private follow up session at Marymead CatholicCare;

Engaged Encounter - 22/23 Feb; SmartLoving – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au Enquiries: Text Helena Zobec on 0405 440 463.

PILGRIMS OF HOPE

As part of the Jubilee Year: Pilgrims of Hope come and celebrate the contribution of 30 Different Religious Orders across our Canberra and Goulburn Archdiocese at St. Christopher's Cathedral, Sunday 9th February 2025, 11am Mass Celebrated by Archbishop Christopher Prowse. All welcome.

SUMMER GARAGE & PLANT SALE

The Marymead Catholic Care Auxiliary's Summer Garage & Plant Sale, is coming soon! Join us on Saturday, 15 February from 8am to 12pm and discover a unique range of pre-loved vintage items such as clothes, books, music, and much more! Marymead CatholicCare, 255 Goyder Street, Narrabundah See you there! Make sure to follow us on Facebook to keep up to date with our events! For more information email marketing@mccc.org.au

Praying for the sick

Jindalee & Mt View residents, Pamela Brown, Sarah Lisbon, Melissa Dixon, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Mary Smith, Gert Fletcher, Anna Pace, Rita Smith, Mattia Wellspring, Wendy Fisher-Hudson, Barry Murphy and all those sick in our parish.

Recently Deceased: Connie from Jindalee, Victor and John Martin
Death Anniversaries:

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

Donation via Deposit

To donate directly into the parish account, please use the following details:

BSB: 062 786

Account Number: 000014992

Please include your Planned Giving number if applicable, or your surname and 'donation'

First Reading Mal 3:1-4

The Lord whom you seek will come to his temple.

The Lord God says this: Look, I am going to send my messenger to prepare a way before me. And the Lord you are seeking will suddenly enter his temple; and the angel of the covenant whom you are longing for, yes, he is coming, says the Lord of hosts. Who will be able to resist the day of his coming? Who will remain standing when he appears? For he is like the refiner's fire and the fuller's alkali. He will take his seat as refiner and purifier; he will purify the sons of Levi and refine them like gold and silver, and then they will make the offering to the Lord as it should be made. The offering of Judah and Jerusalem will then be welcomed by the Lord as in former days, as in the years of old.

Responsorial Psalm

Ps 23:7-10. R. v.10 (R.) Who is this king of glory? It is the Lord!

- O gates, lift up your heads; grow higher, ancient doors. Let him enter, the king of glory! (R.)
- Who is the king of glory? The Lord, the mighty, the valiant, the Lord, the valiant in war. (R.)
- O gates, lift high your heads; grow higher, ancient doors. Let him enter, the king of glory! (R.)
- Who is he, the king of glory? He, the Lord of armies, he is the king of glory. (R.)

Second Reading Heb 2:14-18

He had to be made like us in all things.

Since all the children share the same blood and flesh, Jesus too shared equally in it, so that by his death he could take away all the power of the devil, who had power over death, and set free all those who had been held in slavery all their lives by the fear of death. For it was not the angels that he took to himself; he took to himself descent from Abraham. It was essential that he should in this way become completely like his brothers so that he could be a compassionate and trustworthy high priest of God's religion, able to atone for human sins. That is, because he has himself been through temptation he is able to help others who are tempted.

Gospel Acclamation Lk 2:32

Alleluia, alleluia!

This is the light of revelation to the nations, and the glory of your people Israel. Alleluia!

Gospel Lk 2:22-40

My eyes have seen your saving power.

When the day came for them to be purified as laid down by the Law of Moses, the parents of Jesus took him up to Jerusalem to present him to the Lord – observing what stands written in the Law of the Lord: Every first-born male must be consecrated to the Lord – and also to offer in sacrifice, in accordance with what is said in the Law of the Lord, a pair of turtle-doves or two young pigeons. Now in Jerusalem there was a man named Simeon. He was an upright and devout man; he looked forward to Israel's comforting and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death until he had set eyes on the Christ of the Lord. Prompted by the Spirit he came to the Temple; and when the parents brought in the child Jesus to do for him what the Law required, he took him into his arms and blessed God, and he said:

'Now, Master, you can let your servant go in peace, just as you promised; because my eyes have seen the salvation which you have prepared for all the nations to see, a light to enlighten the pagans and the glory of your people Israel.'

As the child's father and mother stood there wondering at the things that were being said about him, Simeon blessed them and said to Mary his mother, 'You see this child: he is destined for the fall and for the rising of many in Israel, destined to be a sign that is rejected – and a sword will pierce your own soul too – so that the secret thoughts of many may be laid bare.'

There was a prophetess also, Anna the daughter of Phanuel, of the tribe of Asher. She was well on in years. Her days of girlhood over, she had been married for seven years before becoming a widow. She was now eighty-four years old and never left the Temple, serving God night and day with fasting and prayer. She came by just at that moment and began to praise God; and she spoke of the child to all who looked forward to the deliverance of Jerusalem.

When they had done everything the Law of the Lord required, they went back to Galilee, to their own town of Nazareth. Meanwhile the child grew to maturity, and he was filled with wisdom; and God's favour was with him.

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Reflection *by Fr Michael Tate*

In a time (in the Western world at least) when there seems to be a growing gap between the old and the young, it is good to reflect on this Gospel incident.

A young woman, still in her teens, a newly-wed cradling her newborn son in her arms, places that baby in the arms of a very old stranger who embraces her child with all the fervour of a *now* fulfilled hope. Is this the model for overcoming the distance between young and old in our culture? Can the young, like Mary, listen to the wisdom of tradition from an elder? Can the old like Simeon still be open to a moment of serendipity mediated by the young?

The answer is: 'Yes, when young and old come together around Jesus.' As Pope Francis remarks of this encounter: 'Jesus is at the centre.' (*Homily 2 Feb 2018*) At whatever age we find ourselves, Mary is only too willing to place Jesus in *our* arms to fulfil our hopes and our yearnings.

Perhaps we could pause for a moment to accept the gift of Jesus placed in our arms and hearts so that we can say with Simeon: 'Now, Master, you can let your servant go in peace...'

mtate@bigpond.com

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
6pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Mon - Tue:
6am - 10pm
Wed - Thurs:
1pm - 10pm
Friday
Fri 6am - Sat 8am



RECONCILIATION

Friday
6:15pm - 7pm
Saturday
5pm - 5.30pm



ROSARY

After each Weekday Mass
except Fridays.
After Saturday 8am Mass.



STREET MINISTRY

Friday Nights
After 5:30pm Mass
Civic

OUR PRIESTS AND DEACON

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuowke MGL (APP)
Deacon Joseph Nivaskaran
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narrabundah@cg.org.au
Tues - Thurs, 9am-12pm

MUSIC COORDINATOR

Ariana Strmota: 0406377887

SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring